Encourage Yourself

(1 Samuel 30:6 KJV)

*And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God.*

There’s a song by **Donald Lawrence** called,

**Encourage Yourself!!!!**

**Verse 1:   
Sometimes you have to encourage yourself.   
Sometimes you have to speak victory during the test.   
And no matter how you feel,   
speak the word and you will be healed;   
speak over yourself,   
encourage yourself in the Lord.   
  
Verse 2:   
Sometimes you have to speak the word over yourself,   
the pressure is all around,   
but God is present help.   
The enemy created walls,   
but remember giants, they do fall;   
speak over yourself,   
encourage yourself in the Lord.   
  
Bridge:   
As I minister to you, I minister to myself,   
life can hurt you so,   
'til you feel there's nothing left.   
(No matter how you feel),   
(speak the word and you will be healed).   
  
Vamp 1:   
Speak over yourself.   
  
Vamp 2:   
I'm encouraged x 4**

In the onset of this episode, David and his men had gone to help king Achish in battle. When they returned to Ziglag they found the city burned and families gone. David's men turned on him and spoke of stoning him because of this invasion. The Amalekites once nomadic people of Canaan said in the Bible to be descendants of Esau's grandson Amalek were responsible for this mischievous deed.

I my researching I discovered that Ziglag was given by King Achish of Gath to David when he was running from Saul, and David used Ziglag for a home base for raids against various groups who threatened the southern borders of Judah (1 Samuel 27).